

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 2018 – Regular Menu</b>			1 American Chop Suey 8oz Zucchini & Summer Squash ½ cup Peaches ½ cup Dinner Roll 1pc Parmesan Cheese 1pc	2 Breaded Pollock 1pc Potatoes O'Brien ½ cup Green Beans ½ cup Pudding/diet pudding ½ cup WW Bread 1pc Tartar sauce 1pc
5 BBQ Pulled Pork 4oz Sweet Potatoes ½ cup Corn 1/2 cup Applesauce 1/2 cup Dinner Roll 1pc	6 Honey Lemon Chicken 1pc Vegetable rice pilaf ½ cup Broccoli 1/2 cup Oat Bread 1 pc Diet Gelatin 1/2 cup	7 Beef Barley Soup 6oz Cheeseburger 1pc Mixed Veggies ½ cup Roasted Potatoes 1/2 cup Ketchup 1pc Burger Bun 1pc Fresh Fruit 1pc	8 Open Faced Turkey Sandwich (3 oz turkey on 1 slice bread) w/ Gravy 2oz Mashed Potato 1/2 cup Peas 1/2 cup Cookie 1pc/Lorna Doones 1pc Cran Sauce 1pc – NO BREAD	9 Macaroni & Cheese 8 oz w/Crumb Topping .25 oz Peas 1/2 cup WW Roll 1 pc Pears 1/2 cup
12 Chicken Scallopini 1pc Sauce 2oz Parmesan Risotto ½ cup Capri Blend Veggies ½ cup WW Bread 1pc Mandarin Oranges ½ cup	13 Meatball Sub (3 meatballs) Pasta w/sauce ½ cup Marinara Sauce 2oz Cauliflower ½ cup Peaches ½ cup Sub Roll 1pc Parmesan 1pc	14 Vegetable Soup 6oz Vegetable Frittata 1pc Roasted Potatoes 1/2 cup Apples 1/2 cup Dinner Roll 1pc Juice 1/2 cup (NO Milk) Yogurt 1pc	15 – <b>Special</b> Corned Beef 3oz Au Jus 2oz Cabbage & Carrots 1/2 cup Steamed Potatoes 1/2 cup Honey Wheat Dinner Roll 1pc Mint Brownie 1pc/Diet Pudding ½ cup	16 Mediterranean Fish 1pc Lemon Rice ½ cup Creamed Spinach ½ cup Chef's Dessert Oat Bread 1pc
19 Turkey A La King 6oz Noodles ½ cup Carrots ½ cup Pears ½ cup Multigrain Bread 1pc	20 LS Hot Dog 1 pc Pork Baked Beans 1/2 cup Potato Chips 1pc Hot Dog Roll 1 pc Mandarin Oranges 1/2 cup Ketchup, Mustard, Relish 1 pc each	21 Tomato Soup 6oz Meatloaf 1pc Gravy 2oz Mashed Potatoes 1pc Beets 1/2 cup WW Bread 1pc Ketchup 1pc Fresh Fruit 1pc	22 – <b>Birthday</b> Chicken Broccoli Alfredo Chicken & Broccoli 5oz Pasta w/sauce ½ cup Summer Squash ½ cup Tiramisu 1pc/Angel Food Cake 1pc WW Dinner Roll	23 Stuffed Shells 2 pc Meatless Marinara Sauce 2 oz Chef's Veg 1/2 cup Italian Bread 1pc Diet Gelatin 1/2 cup Parmesan 1pc
26 Bourbon Chicken 1pc White Rice 1/2 cup Asian Blend Veggies 1/2 cup Oat Bread 1pc Fruit Loaf/Lorna Doones 1pc	27 Taco style Ground beef with peppers and onions 5oz Corn 1/2 cup Spanish Rice 1/2 cup, tortilla 1pc, Lettuce, cheese (2oz each) (Congregate only) Sour Cream 1pc Mixed Fruit 1/2 cup	28 NE Clam Chowder 6oz Baked Fish w/breadcrumbs 1pc Roasted Potatoes ½ cup Peas ½ cup WW Roll 1pc Yogurt 1pc	29 Smothered Pork 1pc Sauce 2oz Sweet Potatoes ½ cup Collards ½ cup Applesauce ½ cup Italian Bread 1pc	30 Veggie Lasagna 1pc Meatless Marinara Sauce 2oz Warm Peach Crisp (in tray) 1/2 cup Dinner Roll 1pc Side Salad 1/2 cup Salad Dressing 1pc Parmesan 1pc