

Alexandra Lowder

Subject: RE: Fluoride

From: Sandra Spanos Johnson <sandspano@yahoo.com>

Sent: Wednesday, March 19, 2025 9:31 PM

To: Melissa Braga <MBraga@teWKsbury-ma.gov>

Subject: Fluoride

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Hello, Melissa,

I am writing to voice my concern about discontinuing fluoride in the water. The studies that the BOH referenced were down overseas and did not give the specifics about the level of fluoride in the water that people consumed. Another report I read stated that the levels in the drinking water here in the U. S. are significantly low as compared to other countries. Other studies cited by the American Academy of Dentists report a significant increase in cavities in areas where fluoride was removed.

Given all the health concerns of these modern times, I do not understand why the Board is choosing to focus on this which has been proven to be beneficial. I sincerely hope that you do not pursue this issue further.

Sincerely,

Sandra Spanos Johnson