

## Alexandra Lowder

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**Subject:** RE: No Fluoride

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**From:** Anastasia Wood <[anawood2024@gmail.com](mailto:anawood2024@gmail.com)>

**Sent:** Thursday, March 20, 2025 10:25 AM

**To:** Melissa Braga <[MBraga@tewksbury-ma.gov](mailto:MBraga@tewksbury-ma.gov)>

**Subject:** Re: No Fluoride

**Caution:** This email originated from outside of the organization. **Do not reply, click links, or open attachments** unless you can confirm the sender and know the content is safe. When in doubt, contact your IT Department.

Yes of course

It's Anastasia Wood at 163 Patrick Road Tewksbury

On Thu, Mar 20, 2025, 10:14 Melissa Braga <[MBraga@tewksbury-ma.gov](mailto:MBraga@tewksbury-ma.gov)> wrote:

Hi Anastasia,

Could you please add your last name and street address for the record? Thank you!

In health,

Melissa Braga, BSN, RN

Tewksbury Board of Health, Chair

Phone: 978-973-0093

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**From:** Anastasia Wood <[anawood2024@gmail.com](mailto:anawood2024@gmail.com)>

**Sent:** Thursday, March 20, 2025 9:27 AM

**To:** Melissa Braga <[MBraga@tewksbury-ma.gov](mailto:MBraga@tewksbury-ma.gov)>

**Subject:** No Fluoride

You don't often get email from [anawood2024@gmail.com](mailto:anawood2024@gmail.com). [Learn why this is important](#)

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Dear Melissa,

I am a resident of Tewksbury, and I am writing to request the removal of fluoride from our town's water supply. As someone who prefers not to consume or use fluoridated water, I am required to purchase specialized filters and replace them regularly, which is an ongoing financial burden. Additionally, I am concerned about exposure to fluoride while bathing.

I would appreciate any information on the town's policy regarding fluoridation and whether there is a process to reconsider its inclusion in our water supply. Thank you for your time and attention to this matter.

~Anastasia