

## Regular Menu May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 3 oz Salisbury Steak 2 oz Gravy ½ cup Mashed Potatoes ½ cup Mixed Vegetables 1 WG dinner roll ½ cup Applesauce	<b>3</b> 3 oz Chicken Strips 2oz Balsamic Glaze ½ cup Beets ½ cup Wild Rice Pilaf 1pc Wheat Bread ½ cup Butterscotch Pudding	<b>4 Two Compartment</b> 3pc Jumbo Cheese Ravioli 4 oz Marinara Sauce ½ cup Zucchini 1 slice Vienna Bread ½ cup Chilled Pears 1pc Parmesan	<b>5 Special - Two Compartment</b> 1pc Asparagus, Tomato & Broccoli Frittata 1pc Turkey sausage ½ cup Potatoes O'brien ½ cup Fresh Fruit Cup 1pc Cinnamon Coffee Cake 1pc Ketchup	<b>6</b> 3 oz Honey Rosemary Pork ½ cup Mashed Butternut ½ cup Brussels Sprouts 1 MG Bread 1pc Mixed Fruit
<b>9 Two Compartment Chicken, Broccoli Alfredo</b> 3oz Chicken on top of 4oz Pasta 3oz Alfredo Sauce ½ cup Broccoli ½ cup mixed fruit 1pc WW Bread	<b>10</b> 3 oz Roasted Turkey 2 oz gravy ½ cup Whipped potato ½ cup Green Beans 1 sli Oatmeal Bread ½ c Applesauce 1pc Cranberry Sauce	<b>11 Pepper Steak Sub</b> 3oz Break apart Steak 2 oz Peppers & onions 1/2c Sweet Potato Tots ½ cup Cauliflower 1pc Sub Roll ½ cup Fresh Fruit 1pc Ketchup	<b>12</b> 3oz Potato Pollack Fillet ½ cup Brown Rice ½ cup Capri Veggies 1pc Burger Bun 1pc Cookie 1pc Tartar Sauce	<b>13 Cold:</b> 3oz Chicken Salad ½ cup Garden Salad ½ cup Orzo Salad 1pc WW Hot Dog Bun 1pc Salad Dressing 4 oz yogurt 4 oz Orange juice (no milk)
<b>16</b> 3 oz Pulled Pork 2oz BBQ sauce ½ cup Mashed Sweet Potatoes ½ cup Braised cabbage 1pc WW burger roll ½ c Gelatin	<b>17</b> 3oz Breaded Chicken Bites ½ Vegetable Rice ½ Bread Pudding w/Raisins (warm) ½ cup Garden Salad 1pc MG Bread 1pc Salad Dressing 1pc Honey Mustard	<b>18 Two Compartment</b> 1pc Lasagna 4oz Garden Veggie Sauce ½ c Broccoli 1 pc Vienna Bread 1pc parmesan ½ USDA Fruit	<b>19 Two Compartment (Birthday)- Beef Stew</b> 3oz Beef 2oz Peas 2oz Carrots ½ cup mashed potatoes 1pc Biscuit 1pc Cupcake	<b>20</b> 3 oz Stuffed Chicken (broccoli & cheese) 2 oz Supreme sauce ½ Barley Pilaf ½ Green beans 1 slice oatmeal bread ½ cup Fresh Fruit
<b>23</b> 3 oz Grilled Chicken 2.5oz Marsala Sauce ½ cup Zucchini ½ cup Brown Rice 1pc Dinner Roll ½ cup USDA fruit	<b>24 Salmon pie</b> 3oz Salmon 2oz Garlic Cream Sauce ½ cup mashed potato ½ cup corn, peas and carrots ½ cup Jell-O 1 slice WW bread	<b>25 Cold: Turkey Gobbler Sandwich</b> 3oz Turkey Roast 1/4 cup stuffing 1/2 cup green bean salad ½ cup potato Salad 1/2c Fresh Fruit 2 sli Multigrain Bread 1pk Cranberry Sauce	<b>26 American Chop Suey Two Compartment</b> 3oz beef ½ cup pasta 4oz sauce ½ cup Creamed spinach 1 Wheat Bread 1pc Cookie 1pc Parm	<b>27</b> 1pc Egg Patty 1oz Cheese 1 Turkey Sausage ½ cup Roasted Potatoes ½ cup stewed tomatoes 1pc English Muffin 1pc Yogurt 4oz Juice (No Milk) 1pc Ketchup
<b>30</b>  <b>No Meals Served            Memorial Day</b>	<b>31 Hot dog (LS Beef/pork)</b> ½ cup baked beans ½ cup Berry Cobbler ½ cup coleslaw 1 Hot dog roll 1pc Mustard 1pc Relish			